Head Injury Association
A BRIDGE TO HOPE AND HEALING
A Proud Affiliate of the Kinexion Network

A Place to Belong, A Chance to Shine

December 2026

Dear Friend,

This holiday season, help make inclusion possible.

What does it mean to belong? To have friends who look forward to seeing you. To discover a talent and have the opportunity to share it. To express yourself through art, music, drama, or dance. To be welcomed, encouraged, and valued for who you are.

This year, HIA captured these powerful moments in a special video, featuring the extraordinary people who make our community so special. You can view the video on our website, www.headinjuryassoc.org , or scan the QR code on the enclosed donation form.

Their creativity, talents, laughter, and friendships tell a story that reaches far beyond the activities themselves. They remind us that everyone deserves the opportunity to participate, connect with others, and experience the joy of belonging.

At Head Injury Association, our programs help traumatic brain injury survivors and people with intellectual and developmental disabilities explore their abilities, build meaningful relationships, and join a community where they are seen, supported, and celebrated. For families, knowing that a loved one has opportunities to grow, connect, and enjoy meaningful experiences brings reassurance and hope. For individuals, these opportunities can build confidence, support self-expression, foster friendship, and strengthen belonging.

But these experiences do not happen without support.

As the year ends, we invite you to make a special year-end gift to HIA. Your generosity sustains the programs, creative experiences, and community connections that enrich the lives of those we serve.

Your year-end gift can make a difference.

Every gift matters, and every act of generosity helps strengthen the community we are building together. As you consider your year-end giving, we hope the faces and activities in our special Video will remind you why this work matters. The people featured are more than their disabilities. They are artists, performers, friends, and valued community members with talents to share and lives to enrich.

Together, we can help ensure everyone has a place to belong and a chance to shine.

Thank you for your generosity, compassion, and belief in the people and their families in the HIA community. Your support helps make a more inclusive and connected future possible.

With heartfelt gratitude and warm wishes for the holiday season,

Barbara Senzel

Barbara Senzel, LCSW
Executive Director
Head Injury Association

Scan QR code to dontate.

P.S. Please make your tax-deductible year-end gift today.
Visit www.headinjuryassoc.org, scan the QR code, or return the enclosed donation form.